



Redland Bay State School Parents & Citizens Association



Tuckshop Menu - October 2024

Convenor – Desley

Assistant Convenor - Julianne

Please note the following items must be pre-ordered through Munch Monitor

| HOT FOOD | | Price | When Available | SALADS | | Price | When Available |
|---|--------|---------|--|--------|---------|-------|----------------|
| Some hot meals are seasonal, please check with Tuckshop staff | | | All salads come with lettuce, tomato, cucumber, carrot and beetroot. Salad come with French Dressing for additional \$0.50. | | | | |
| BBQ Sauce | \$0.40 | LL & BL | Fish Pack (1 fish, 2 hash browns, ½ salad) | \$4.90 | BL | | |
| Cheese & Bacon Roll | \$2.60 | LL & BL | Garden Salad – lettuce, tomato wedges, carrot, cucumber sticks, beetroot | \$3.20 | BL | | |
| Cheese Burger (meat patty, cheese, tomato sauce) | \$4.90 | BL | Garden Salad (with French dressing) | \$3.90 | BL | | |
| Chicken Burger (with lettuce, mayo) | \$4.90 | BL | Garden Salad (with chicken) | \$4.50 | BL | | |
| Chicken Crackles (1 packet = 4 pieces) | \$3.00 | LL | Garden Salad (with chicken, French dressing) | \$4.90 | BL | | |
| Chicken Chilli Tender Wrap | \$4.50 | BL | Garden Salad (with egg) | \$4.50 | BL | | |
| Chicken Chilli Tender Wrap & Salad | \$5.60 | BL | Garden Salad (with egg, French dressing) | \$4.50 | BL | | |
| Corn Cob | \$1.50 | LL & BL | Garden Salad (with ham) | \$4.50 | BL | | |
| Fish Burger (with lettuce, mayo) | \$4.90 | BL | Garden Salad (with ham, French dressing) | \$4.70 | BL | | |
| Fried Rice (homemade) (vege) - GF with egg | \$3.50 | BL | Teachers Salad Plate (with chicken tenders) (staff only) | \$6.00 | LL & BL | | |
| Garlic Bread | \$1.00 | LL & BL | Teachers Salad Plate (with ham or chicken) (staff only) | \$6.00 | LL & BL | | |
| Hash Browns (1 packet = 4 pieces) | \$2.00 | BL | SANDWICHES | | | | |
| Hot Dog (with cheese, tomato sauce) (Thurs, Fri only) | \$4.00 | BL | Cheese | \$2.70 | LL & BL | | |
| Butter Chicken (GF) | \$5.60 | BL | Chicken | \$3.00 | LL & BL | | |
| Macaroni Cheese | \$4.50 | BL | Chicken & Salad | \$4.80 | BL | | |
| Satay Chicken (GF) | \$5.60 | BL | Curried Egg | \$3.00 | LL & BL | | |
| Spaghetti Bolognese | \$4.90 | BL | Egg & Lettuce | \$3.00 | LL & BL | | |
| Pizza (homemade) (Tues & Wed only) | | | Ham | \$2.90 | LL & BL | | |
| Hawaiian | \$3.50 | BL | Ham & Cheese | \$3.50 | LL & BL | | |
| Meat Lovers | \$3.70 | BL | Ham & Salad | \$4.70 | BL | | |
| Garlic & Cheese | \$3.20 | BL | Jam | \$2.00 | LL & BL | | |
| Sausage Roll | \$3.60 | LL & BL | Salad Sandwich | \$3.50 | LL & BL | | |
| Tomato Sauce | \$0.40 | LL & BL | Tuna | \$3.50 | LL & BL | | |
| Traveller Beef Pie | \$4.70 | LL & BL | Tuna & Salad | \$4.30 | BL | | |
| Traveller Beef Cheese Bacon Pie | \$4.70 | LL & BL | Vegemite | \$2.00 | LL & BL | | |
| Vegemite & Cheese Scroll | \$3.00 | LL & BL | Add salad (lettuce, tomato, cucumber, carrot, beetroot) | \$2.50 | LL & BL | | |
| Pork Rib Rolls | \$4.50 | BL | In a wrap | \$1.00 | LL & BL | | |
| | | | On a roll | \$1.00 | LL & BL | | |
| | | | Add Gluten Free Bread (2) | \$1.20 | BL | | |

| LUNCH PACKS | Price | When Available | MEAL DEALS | Price | When Available |
|---|--|----------------|---|---------------|----------------|
| Pack 1 - Vegemite Sandwich, Water, Mini Muffin & Fruit Salad | \$4.40 | BL | Fun Bun & Apple Slinky | \$2.50 | LL |
| Pack 2 - Jam Sandwich, Water, Mini Muffin & Fruit Salad | \$4.40 | BL | Pikelets (2) & Yoghurt | \$2.40 | LL |
| Pack 3 - Ham Sandwich, Water, Mini Muffin & Fruit Salad | \$5.20 | BL | Popcorn & Apple Slinky | \$2.00 | LL |
| | | | MEAL A - Chicken Chilli Tender Wrap & Popper (Apple, Apple & Blackcurrant, Orange and Tropical) | \$5.70 | BL |
| | | | MEAL B – Hash Browns (1 packet = 4 pieces), Water, Choc Chip Cookie | \$3.60 | BL |
| TOASTIES | Price | When Available | TOASTIES | Price | When Available |
| Baked Bean (Tues, Wed, Thurs only) | \$3.00 | LL & BL | Ham (Tues, Wed, Thurs only) | \$3.40 | LL & BL |
| Cheese (Tues, Wed, Thurs only) | \$3.00 | LL & BL | Ham & Cheese (Tues, Wed, Thurs only) | \$3.80 | LL & BL |
| Cheese & Tomato (Tues, Wed, Thurs only) | \$3.50 | LL & BL | Ham, Cheese & Pineapple (Tues, Wed, Thurs only) | \$4.20 | LL & BL |
| Chicken & Cheese (Tues, Wed, Thurs only) | \$4.00 | LL & BL | Ham, Cheese & Tomato (Tues, Wed, Thurs only) | \$4.00 | LL & BL |
| PLEASE NOTE THE FOLLOWING ITEMS CAN BE ORDERED OR PURCHASED OVER THE COUNTER DURING BOTH LUNCHES | | | | | |
| SNACK ITEMS | Price | When Available | ICE CREAMS | Price | When Available |
| Anzac Biscuit | \$0.50 | LL & BL | Calippo | \$1.50 | LL & BL |
| Apple – Fruit | \$1.20 | LL & BL | Icy Twist | \$1.50 | LL & BL |
| Apple Slinky + Apple | \$1.40 | LL & BL | Ice Cream Cups | \$1.00 | LL & BL |
| Boiled Egg (GF) | \$1.00 | LL & BL | Quelch (half or whole) | \$0.50/\$1.00 | LL & BL |
| Choc Chip Cookie | \$0.50 | LL & BL | Wobble Stix | \$0.25 | LL & BL |
| Custard Tub – Vanilla | \$1.60 | LL & BL | Moosies | \$1.50 | |
| Fun Bun | \$1.50 | LL & BL | | | |
| Gingerbread | \$2.00 | LL & BL | | | |
| Jatz Pack (Carrot Sticks, Cheese bits & 5 Jatz Biscuits) | \$2.00 | LL & BL | DRINKS | Price | When Available |
| Mandarin – Fruit | \$1.20 | LL & BL | Breaka Milk Fresh 330ml (Chocolate, Strawberry) | \$2.50 | LL & BL |
| Mini Cakes Birthday (24) | \$17.00 | LL | Fresh Milk 300ml | \$1.50 | LL & BL |
| Mini Cakes Birthday Extra (1) | \$0.70 | LL | Groove Sparkling Mineral 350ml – Strawberry & Cream | \$2.50 | LL & BL |
| Mini Pretzels 28g | \$1.00 | LL & BL | Groove Sparkling Mineral 350ml – Watermelon | \$2.50 | LL & BL |
| Muffin (mini) (homemade, assorted flavours) | \$0.30 | LL & BL | Groove Sparkling Mineral 350ml – Grape | \$2.50 | LL & BL |
| Muffin (large) (homemade, assorted flavours) | \$1.00 | LL & BL | Groove Sparkling Mineral 350ml – Raspberry | \$2.50 | LL & BL |
| Pikelets with Butter & Strawberry Jam (2) (homemade) | \$1.00 | LL & BL | Poppers – Apple, Apple & Blackcurrant, Orange, Tropical | \$2.00 | LL & BL |
| Popcorn | \$0.60 | LL & BL | UHT Milk (Chocolate, Strawberry, Vanilla) | \$2.50 | LL & BL |
| Red Rock Deli Chips (Sea Salt/Honey Soy) | \$2.00 | LL & BL | Water 600ml | \$1.50 | LL & BL |
| Sao Crackers (2) (with Cheese, Vegemite & butter) | \$1.20 | LL | | | |
| Sao Crackers (2) (with Vegemite & butter) | \$1.00 | LL | | | |
| Yoghurt Tub – Vaalia | \$1.50 | LL & BL | | | |
| Our school use the Munch Monitor online ordering system for all school lunches. Parents and students are able to order their lunches from home up to a week in advance. Orders must be placed by 8:45am on the day you are having Tuckshop. |  | | To access this service please visit: www.munchmonitor.com Simple enter the following username and password and follow the prompts. Personal tags for snack money left on your Munch Monitor account can be collected from the Tuckshop. Username: redlandbay Password: munch415 | | |
| PLEASE ENSURE YOU UPDATE YOUR CHILDS CLASS AT THE BEGINNING OF EACH SCHOOL YEAR. | | | | | |