Redland Bay State School Parents & Citizens Association

Tuckshop Menu – October 2026 - Open Every Day

Convenor – Desley | **Assistant Convenor - Julianne**

Please note the following items must be pre-ordered through Munch Monitor

HOT FOOD	Price	When Available
Some hot meals are seasonal, please check with Tuckshop staff		
BBQ Sauce	$0.50	LL & BL
Cheese & Bacon Roll	$3.00	LL & BL
Cheese Burger (meat patty, cheese, tomato sauce)	$5.10	BL
Chicken Burger (with lettuce, mayo)	$5.10	BL
Chicken Crackles (1 packet = 4 pieces)	$3.20	LL
Chicken Chilli Tender Wrap	$4.80	BL
Chicken Chilli Tender Wrap & Salad	$5.80	BL
Corn Cob	$1.50	LL & BL
Fish Burger (with lettuce, mayo)	$4.90	BL
Fried Rice (homemade) (vege) - GF with egg	$3.70	BL
Garlic Bread (GF)	$1.20	LL & BL
Hash Browns (1 packet = 4 pieces) (GF)	$2.20	BL
Hot Dog (with cheese, tomato sauce)	$4.20	BL
Butter Chicken (GF)	$5.70	BL
Macaroni Cheese	$4.90	BL
Lasagne	$4.80	BL
Spaghetti Bolognese	$4.90	BL
Pizza (homemade) **(Mon - Wed only)**		
Hawaiian	$4.00	BL
Meat Lovers	$4.30	BL
Garlic & Cheese	$3.70	BL
BBQ Chicken	$4.00	BL
Pepperoni	$3.70	BL
Sausage Roll	$3.60	LL & BL
Tomato Sauce	$0.50	LL & BL
Traveller Beef Pie	$5.20	LL & BL
Traveller Beef Cheese Bacon Pie	$5.20	LL & BL
Vegemite & Cheese Scroll	$3.00	LL & BL
RB Slider (Lettuce, Tender, Pepper Mayo)	$3.80	BL
RB Slider (Lettuce, Tender, BBQ Sauce)	$3.80	BL

SALADS	Price	When Available
All salads come with lettuce, tomato, cucumber, carrot and beetroot. Salad come with French Dressing for additional $0.50.		
Fish Pack (1 fish, 2 hash browns, ½ salad)	$5.00	BL
Garden Salad – lettuce, tomato wedges, carrot, cucumber sticks, beetroot	$3.50	BL
Garden Salad (with French dressing)	$4.20	BL
Garden Salad (with chicken)	$4.90	BL
Garden Salad (with chicken, French dressing)	$5.40	BL
Garden Salad (with egg)	$4.50	BL
Garden Salad (with egg, French dressing)	$4.70	BL
Garden Salad (with ham)	$4.70	BL
Garden Salad (with ham, French dressing)	$5.00	BL
Teachers Salad Plate (with chicken tenders) (staff only)	$6.20	LL & BL
Teachers Salad Plate (with ham or chicken) (staff only)	$6.20	LL & BL
SANDWICHES		
Cheese	$3.00	LL & BL
Chicken	$3.20	LL & BL
Chicken & Salad	$5.00	BL
Curried Egg	$3.00	LL & BL
Egg & Lettuce	$3.00	LL & BL
Ham	$3.00	LL & BL
Ham & Cheese	$3.70	LL & BL
Ham & Salad	$4.90	BL
Jam	$2.00	LL & BL
Salad Sandwich	$3.70	LL & BL
Tuna	$3.50	LL & BL
Tuna & Salad	$4.70	BL
Vegemite	$2.00	LL & BL
Add salad (lettuce, tomato, cucumber, carrot, beetroot)	$3.00	LL & BL
In a wrap	$1.20	LL & BL
On a roll	$1.20	LL & BL
Add Gluten Free Bread (2)	$1.40	BL

LUNCH PACKS	Price	When Available
Pack 1 - Vegemite Sandwich, Water, Mini Muffin & Fruit Salad	$4.80	BL
Pack 2 - Jam Sandwich, Water, Mini Muffin & Fruit Salad	$4.80	BL
Pack 3 - Ham Sandwich, Water, Mini Muffin & Fruit Salad	$5.60	BL
Pack 3 - Cheese Sandwich, Water, Mini Muffin & Fruit Salad	$4.80	BL

MEAL DEALS	Price	When Available
Fun Bun & Apple Slinky	$2.70	LL
Pikelets (2) & Yoghurt	$2.60	LL
Popcorn & Apple Slinky	$2.20	LL
MEAL A - Chicken Chilli Tender Wrap & Popper (Apple, Apple & Blackcurrant, Orange and Tropical)	$6.00	BL
MEAL B – Hash Browns (1 packet = 4 pieces), Water, Choc Chip Cookie	$4.00	BL

TOASTIES (Mon-Thurs only) (GF Available)	Price	When Available
Baked Bean	$3.20	LL & BL
Cheese	$3.30	LL & BL
Cheese & Tomato	$3.90	LL & BL
Chicken & Cheese	$4.20	LL & BL

TOASTIES (Mon-Thurs only) (GF Available)	Price	When Available
Ham	$3.60	LL & BL
Ham & Cheese	$4.00	LL & BL
Ham, Cheese & Pineapple	$4.30	LL & BL
Ham, Cheese & Tomato	$4.30	LL & BL

PLEASE NOTE THE FOLLOWING ITEMS CAN BE ORDERED OR PURCHASED OVER THE COUNTER DURING BOTH LUNCHES

SNACK ITEMS	Price	When Available
Anzac Biscuit	$0.50	LL & BL
Apple – Fruit	$1.20	LL & BL
Apple Slinky + Apple	$1.40	LL & BL
Boiled Egg (GF)	$1.20	LL & BL
Choc Chip Cookie	$0.50	LL & BL
Custard Tub – Vanilla	$1.80	LL & BL
Fun Bun	$1.60	LL & BL
Gingerbread (GF)	$2.20	LL & BL
Jatz Pack (Carrot Sticks, Cheese bits & 5 Jatz Biscuits)	$2.00	LL & BL
Mandarin – Fruit	$1.20	LL & BL
Mini Cakes Birthday (24)	$18.00	LL
Mini Cakes Birthday Extra (1)	$0.70	LL
Mini Pretzels 28g	$1.20	LL & BL
Muffin (mini) (homemade, assorted flavours)	$0.50	LL & BL
Muffin (large) (homemade, assorted flavours)	$1.20	LL & BL
Pikelets with Butter & Strawberry Jam (2) (homemade)	$1.20	LL & BL
Popcorn	$0.60	LL & BL
Red Rock Deli Chips (Sea Salt/Honey Soy)	$2.00	LL & BL
Sao Crackers (2) (with Cheese, Vegemite & butter)	$1.20	LL
Sao Crackers (2) (with Vegemite & butter)	$1.00	LL
Yoghurt Tub – Vaalia	$1.50	LL & BL

ICE CREAMS	Price	When Available
Calippo	$1.70	LL & BL
Icy Twist	$1.70	LL & BL
Ice Cream Cups	$1.00	LL & BL
Quelch (half or whole)	$0.50/$1.00	LL & BL
Wobble Stix	$0.25	LL & BL
Moosies	$1.70	

DRINKS	Price	When Available
Breaka Milk Fresh 330ml (Chocolate, Strawberry)	$2.70	LL & BL
Fresh Milk 300ml	$1.70	LL & BL
Chill J - Coola 250ml	$2.70	LL & BL
Chill J – Orange Pash 250ml	$2.70	LL & BL
Chill J - Grape 250ml	$2.70	LL & BL
Chill J - Raspberry 250ml	$2.70	LL & BL
Poppers – Apple, Apple & Blackcurrant, Orange, Tropical	$2.00	LL & BL
UHT Milk (Chocolate, Strawberry, Vanilla)	$2.70	LL & BL
Water 600ml	$1.50	LL & BL
GLUTEN FREE		
Gluten Free Options available in:		
Toasties, Sandwiches, Hash Browns Gingerbread etc		

Our school use the Munch Monitor online ordering system for all school lunches. Parents and students can order their lunches from home up to a week in advance.

Orders must be placed by 8:45am on the day you are having Tuckshop.

Munch MONITOR

To access this service please visit: **www.munchmonitor.com**

Simple enter the following username and password and follow the prompts. Personal tags for snack money left on your Munch Monitor account can be collected from the Tuckshop.

Username: redlandbay **Password**: munch4165

PLEASE ENSURE YOU UPDATE YOUR CHILDS CLASS AT THE BEGINNING OF EACH SCHOOL YEAR.